

Benalla Food Co-op Product List November 2018

Code	Products	Code	Products
100	Linseed	410	Organic Figs
101	LSA	411	Org Cranberries
102	Pumpkin seeds	412	Org Medjool Dates
110	Brazil Nuts	421	Org Flour Pl Unbl (Bread)
111	Hazelnuts	422	Org Flour Pl W/M (Bread)
112	Pine Nuts	423	Org Buckwheat Flour
113	Almonds -flaked thin	424	Org Rye Flour
114	Almonds- raw	425	Org Spelt Flour
115	Almond Meal -natural	430	Organic Brown Rice
116	Cashews - raw	431	Organic Black Rice
117	Macadamia Nuts 81201	440	Org Green Lentils
118	Walnuts - regional	441	Org Red Lentils
119	Muscateles - natural	442	Org Sunflower Seed
120	Peanuts	450	Org Cocoa Powder
130	Apricots - dried	460	Organic Coconut-dessicated
131	Currants - natural	461	Organic Coconut - shredded
132	Sunmuscat raisins - natural	462	Org Coconut-flakes
133	Sultanas - natural	463	Org Coconut Flour
134	Dates - pitted	470	Org Rolled Oats
135	Prunes - pitted	471	Org Psyllium
136	Sultanas NSM 405201	500	Coffee 200 gm instant
137	Cherries - glace	501	Coffee 200 gm instant decaf
138	Mixed Peel	502	East Timor 250 gm ground coffee
150	Peanut Butter - crunchy	503	East Timor 250 gm beans
200	Sugar White	504	East Timor 1 kg beans
201	Sugar Raw	510	Herbal teas
202	Sugar Castor	511	Superior blend 100 tea bags
203	Icing Sugar Mix	513	Org Leaf Tea
204	Sugar Brown	514	Premium Blend 1000 tea bags
210	Rice M/G White	520	Tahini 1 kg
211	Rice L/G White	530	Org Coconut Oil-Virgin 1Lt
212	Rice Basmati	600	Cinnamon Cassia- powder
213	Rice Jasmine	601	Coriander- powder
214	Rice Arborio	602	Cumin- powder
220	Cocoa powder	603	Ginger- powder
300	Chickpeas	604	Nutmeg- powder
301	Pearl Barley	605	Paprika Sweet- powder
302	Yellow Split Peas	606	Tumeric - powder
303	Red kidney beans	607	Cardamom- powder
304	Du Puy french style	608	Peppercorn-whole black
310	Cous Cous	609	Fenugreek Seed -powder
311	Muesli	610	Mustard Seed- yellow
312	Green Lentils	611	Mustard Seed- black
313	Rolled Oats	612	Star Anise
320	Corn flour	613	Cardamon Pods
321	Baking Powder	614	Macrobiotic Raw Salt
322	Bicarb Soda	615	Sea Salt Flakes
323	Flour Plain	616	Cinnamon Quills
324	Flour Self Raising	617	Curry Powder
330	Chocolate Ginger	620	Golden Syrup
331	Choc coated pumpkin seeds	621	Honey
332	Chocolate hazelnuts	622	Olive Oil Cold Pressed Virgin
400	Org White Quinoa	623	Vinegar
401	Org Popping Corn	624	Organic pure Maple Syrup
402	Org Black Chia Seeds	630	EGGS
403	Org Sesame Seed	640	Toilet Paper
404	Org Poppy Seeds		