



# RESILIENCE WORKSHOPS

BROADFORD, CHESNEY VALE & ALEXANDRA – APRIL 2020

Three free one-day workshops on resilience thinking are being held across the Goulburn Broken Catchment for interested community members.

## WHAT IS RESILIENCE?

Resilience is the capacity of a system (people and the environment) *'to absorb a shock or setback and to flourish in spite of it, maybe even because of it'* (Outback, Apr/May 2017). It does not mean "bouncing back" or ploughing through and doing what we have always done. It is the capacity to cope with change and continue to evolve in positive ways.

Applying resilience in practice requires an understanding of how the resilience of any system is changing over time, what is causing that change and where and how to intervene to influence its future direction.

## WHAT'S INVOLVED?

Participants will learn how communities and organisations can prepare and manage change (including shocks and disasters), while creating opportunities towards a positive future.

Course presenter Paul Ryan will share the latest resilience thinking from across the globe and practical examples from our own backyard.

The course will also cover the seven key principles for resilience:

1. Develop a 'complexity' view of the world
2. Plan for change
3. Foster cohesion, self-organisation and local responsibility
4. Design for flexibility
5. Manage connectivity
6. Value, retain and build diversity and redundancy
7. Orientate towards slow variables, leverage and tipping points
8. Learn for change.

## WHO SHOULD ATTEND?

The course is open to all interested community members, including Traditional Owners, youth, business owners, farmers, tourism operators, natural resource management professionals, environmental volunteers, health professionals and government agency staff.

If you're interested in change management and developing your ability to increase the resilience of your local community, environment, business and/or industry then this free one-day course will provide you with new knowledge and skills to achieve this.

## WORKSHOP LOCATIONS

Location	Date	Time
<b>Broadford RSL</b> 27 Murchison St, Broadford VIC	Tuesday 21 April 2020	10.00am to 2.30pm
<b>Mokoan Hub &amp; Café</b> 652 Lake Mokoan Rd, Chesney Vale VIC	Thursday 23 April 2020	10.00am to 2.30pm
<b>Embassy of Ideas</b> 3 Bayley St, Alexandra VIC	Tuesday 28 April 2020	10.00am to 2.30pm

## COURSE PRESENTER



Paul Ryan is passionate about social and environmental change. He works with people and organisations at all scales and across sectors and disciplines to prepare for and create a future that is fair, just and sustainable.

Paul is a global leader in resilience, adaptation and transformation

practice. He is the founding Director of the Australian Resilience Centre, an organisation that builds the capacity of regional communities and agencies facing uncertain futures. His primary focus has been on putting resilience science into practice to real world problems.

Paul works with people and organisations to apply resilience thinking in areas as diverse as poverty and humanitarian relief, climate adaptation planning and practice, disaster preparedness and recovery, sustainable agriculture, water and irrigation futures, community development, biodiversity, domestic violence, gender, cultural and youth issues.

Paul has previously worked for the Resilience Alliance, CSIRO and regional and state agencies.

Paul grew up on a farm in northern Victoria where his family has been farming continuously for 150 years.

### REGISTER NOW!

Places are limited, to register for one of the workshops please visit [www.gbcma.vic.gov.au](http://www.gbcma.vic.gov.au)

For further details or queries contact:  
Ashley Rogers by emailing [ashleyr@gbcma.vic.gov.au](mailto:ashleyr@gbcma.vic.gov.au) or phoning 0488 196 216.

The workshops are free thanks to funding from the Victorian Government's Our Catchments, Our Communities Program and the Goulburn Broken CMA.