

Code		Country	Co-op Price	Kg/Litre/Unit
100	Linseed	Aust	\$3.48	
101	LSA	Aust & Imported	\$8.88	
102	Pumpkin seeds raw natural	Aust	\$27.61	
110	Brazil nuts, raw	Bolivia	\$22.08	
111	Hazelnuts	Aust	\$35.65	
112	Pine nuts	China	\$68.88	
113	Almonds -flaked thin	Aust	\$16.08	
114	Almonds- raw, whole	Aust	\$16.20	
115	Almond Meal -natural	Aust	\$13.44	
116	Org Cashew nuts - raw whole	China	\$19.40	
117	Macadamia nuts raw whole	QLD	\$31.20	
118	Walnut kernels - regional	King Valley	\$23.80	
119	Pistachio kernels		\$47.28	
120	Peanuts roasted	Aust	\$7.79	
130	Aust Apricots dried	Aust	\$32.40	
131	Currants - natural	Aust	\$9.48	
132	Sunmuscat raisins - natural	Mildura	\$10.90	
133	Sultanas - natural	Mildura	\$10.20	
134	Dates - pitted	Iran	\$4.44	
135	Prunes - pitted	California	\$15.48	
136	Sultanas NSM	Aust	\$8.16	
137	Cherries red - glace whole	France	\$17.03	
138	Mixed Peel	Aust	\$8.76	
150	Peanut Butter - crunchy	Aust	\$8.76	
200	Sugar White	Aust	\$2.38	
201	Sugar Raw	Aust	\$2.52	
202	Sugar Castor	Aust	\$2.38	
203	Icing Sugar Mix	Contains tapioca starch	Aust	\$2.40
204	Sugar Brown	Aust	\$2.82	
210	Rice M/G White Calrose	Aust	\$2.40	
211	Rice L/G White	Aust	\$2.02	
212	Rice Basmati	India	\$4.68	
213	Rice Jasmine	Thai	\$2.88	
214	Rice Arborio	Italy	\$6.00	
220	Cocoa powder, dark	France	\$11.16	
301	Pearl Barley	Aust	\$2.76	
302	Yellow Split Peas	Aust	\$3.72	
303	Red kidney beans	Canada	\$5.40	
304	Du Puy French style	Aust	\$4.08	
310	Cous Cous	Tunisia	\$4.68	
311	Muesli	Melbourne Company	Aust Import	\$5.56
313	Rolled Oats	Aust	\$2.40	
320	Corn flour	CONTAINS GLUTEN	Aust	\$3.24
321	Baking Powder	Aust	\$10.56	
322	Bicarb Soda		\$4.20	
323	Flour Plain	Aust	\$1.73	
324	Flour Self Raising	Aust	\$1.92	
325	White bread/bakers flour - Wallaby type 55 Non-organic	Aust	\$1.54	
330	Chocolate Ginger	Aust	\$23.04	
331	Choc coated pumpkin seeds	Ovens & Import	\$37.08	
332	Chocolate hazelnuts	Aust & Import	\$38.00	
333	Chocolate turmeric walnuts	KingValley+Import	\$37.13	
400	Org White Quinoa	Bolivia	\$7.56	
401	Org Popping Corn	Aust	\$4.68	
402	Org Black Chia Seeds	Bolivia	\$14.87	
403	Org Sesame Seed	China	\$8.52	
404	Poppy Seeds	Aust	\$8.28	
410	Organic Figs	Turkey	\$18.24	
411	Org Cranberries		\$23.28	
412	Org Medjool Dates	Arizona	\$27.60	

421	Org Flour Pl Unbl (Bread)	Aust	\$3.55	
422	Org Flour Pl W/M (Bread)	Aust	\$3.65	
423	Org Buckwheat Flour		\$7.08	
424	Org Rye Flour	Lilliput (Vic)	\$4.80	
425	Org spelt flour	Lilliput (Vic)	\$7.32	
430	Organic Brown Rice med grain	Aust	\$5.94	
431	Organic Black Rice		\$9.48	
440	Org Green Lentils	USA	\$8.16	
441	Red Lentils	Aust	\$9.24	
442	Org Sunflower Seed kernels	Aust	\$12.04	
443	Org Chick Peas	Aust	\$7.32	
450	Org Cacao Powder, dark		\$12.36	
451	Org Cacao nibs		\$17.88	
460	Organic Coconut-desiccated/fine	Indonesia	\$9.12	
461	Organic Coconut - shredded	Philippines	\$9.48	
462	Org Coconut-flakes	Philippines	\$6.36	
463	Org Coconut Flour	Philippines	\$4.68	
470	Org Rolled Oats	Aust	\$4.68	
471	Org Psyllium	Aust	\$26.52	
500	Coffee 200 gm instant	Colombia	\$12.85	
501	Coffee 200 gm instant decaf	Currently N/A	Colombia	
502	Timor-Leste 200 gm ground dark roasted stove top coffee	Timor-Leste	\$11.90	
503	Timor-Leste 200 gm beans dark roast	PNG	\$11.90	
504	Timor-Leste 1 kg beans dark roast )	Timor Leste	\$38.30	
511	Superior blend 100 tea bags	Sri Lanka	\$6.75	
512	Superior blend 200 gm tea leaf	Sri Lanka	\$6.55	
513	Org Leaf Tea	Sri Lanka	\$29.70	
514	Premium Blend 1000 loose tea bags	Discontinuing	Sri Lanka	\$29.70
515	Org Green Leaf Tea	China	\$40.80	
520	Tahini 1 kg		\$11.28	
530	Org Coconut Oil-Virgin 1Lt	PNG	\$12.00	
531	Org Coconut Oil - 414gm	Currently N/A		
540	Dried mushrooms 50g pkt	Markwood (Vic)	\$14.40	
600	Org Cinnamon - powder 100g	China	\$4.45	
601	Org Coriander- powder 50g	Egypt/India	\$2.20	
602	Org Cumin- powder 50g	China/Egypt	\$2.64	
603	Org Ginger- powder 50gm	India	\$2.93	
604	Org Nutmeg- powder 50gm	India	\$2.75	
605	Org Paprika Sweet- powder 50 gm	Spain	\$3.17	
606	Org Turmeric - powder 50gm	India	\$2.35	
607	Mixed Spice		\$0.98	
608	Org Peppercorn-whole black 100g	India	\$4.82	
609	Caraway Seed		\$2.06	
610	Org Mustard Seed- yellow 50g	Egypt/India	\$2.62	
613	Cardamom Ground org	Guatemala	\$9.36	
614	Org Cumin seed 50 g	China	\$2.70	
615	Sea Salt Flakes	Aust	\$17.60	
616	Cinnamon Quills 50g	Sri Lanka	\$4.70	
617	Org Curry Powder 50 gm	Blended in Aust	\$2.63	
618	Whole Cloves 50g	India	\$3.82	
620	Golden Syrup	Aust	\$4.20	
621	Honey	Lima East	\$13.80	
622	Olive Oil Cold Pressed Virgin	Benalla	\$11.10	
623	Vinegar		\$1.71	
624	Maple Syrup, pure		\$13.80	
625	Apple Cider Vinegar	Stanley	\$4.80/L	
626	White wine vinegar	Stanley	\$4.80/L	
630	EGGS	Benalla	\$5.50	
640	Toilet Paper		\$1.21	